

Real People. Real Success.

Suzanne Flemming
a total of **29 ½ inches, 30 pounds** healthier, **3 ½ dress sizes** & **reduced body fat by 6.4%** in just 12 weeks!

I was tired of being over weight. I really noticed the inch & pound loss right away. I was very surprised! This is a very easy plan to follow. It tastes great & is very satisfying. I have a lot of energy. My family & friends now want to know what I am doing.

“I’m a shrinking cincher!”

cinch™
inch loss plan



BEFORE

