

Shaklee News

Special Summer Edition

July 2011

Introducing Shaklee Sports Nutrition™



**Powering athletes. Fueling dreams.
From start to finish.**

Shaklee Sports Nutrition products have helped Americans rule the podium—winning more than 100 gold, silver, and bronze medals! That's more than most countries!

Shaklee has gone to the ends of the earth to prove Shaklee Sports Nutrition is the best. From the North Pole to the South Pole and all points in between. In fact, seven of Time-Life's Greatest Adventures of All Time were fueled by Shaklee.

Shaklee Sports Nutrition Products

Used at the highest levels of competition so you can trust them every time you take them—before, during, and after your workouts. **NO banned substances**

**Train longer.
Recover faster.
Perform better.**

And don't worry, these are natural products with no artificial flavors, sweeteners, or preservatives.

Everything you need. Nothing you don't. That's PURE performance.

Put in the Best. Bring Out the Best!

Before! Shaklee Energy™ Chews provide a clean burst of healthy energy to help you get that extra edge when you need it most. Use before your workout to help sustain energy, improve performance, stay alert, sharpen focus and improve mood.* Formulated with pure, safe ingredients. **#20158 20 Energy Chews* (1 pouch) \$17.95 MN Price**

During! Shaklee Performance is clinically proven to hydrate better than water, has more electrolytes and provides more energy than the leading hydration drink. Shaklee Proprietary OPTI-LYTE™ electrolyte blend + a unique mix of carbohydrates delivers instant and sustained energy and supports optimal hydration. Clinical tests with high-level athletes show that Shaklee Performance minimizes fluid loss for enhanced hydration, maintains blood-glucose levels to sustain intense energy output and to increase stamina and increases endurance for better athletic performance. **#20497 Natural Lemon-Lime or #20496 Natural Orange (19 servings) \$12.35 MN Price ~ #20498 Natural Lemon-Lime Team Pack or #20499 Natural Orange Team Pack (74 servings) \$38.60 MN Price**

After! Shaklee Physique is a pure, natural, high-octane fuel for rapid muscle recovery, endurance, and strength. The intelligent-release protein blend and unique protein-to-carb ratio allows your body to absorb a full spectrum of amino acids over time, helps build firm, lean muscles, helps restore muscle energy and supports muscle repair. Clinically Proven Physique with BIO-BUILD®, a unique blend of protein and carbohydrate sources, has been clinically proven to naturally activate and enhance the body's recovery process after exercise. **#20495 Natural Banana (15 servings) \$33.35 MN Price**



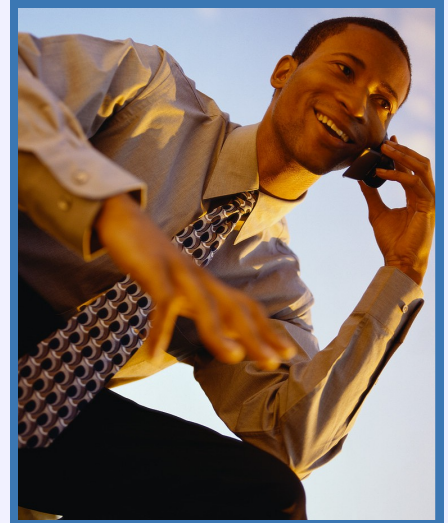
Shaklee is for Guys Too!

You're Their One and Only Dad

If you're a Dad & you've not yet made a choice to protect your health with regular exercise and Shaklee Supplements, we urge you to remember how valuable you are to your family. You are their one & only Dad. Think about starting your "get healthier and live longer" program today! We'll put together a personal supplement program to address your unique health needs.

It's Time to Take Care of Yourself and Take Control of Your Health!

Okay guys, are you really taking responsibility for your health, your weight, your exercise program, your blood pressure, blood sugar and cholesterol levels, and all the other health-related stuff? In this issue are some great ways to gain control of your life and your health.



No Energy? Couch potato?



Time to slug down some Liquid Oomph!

Forget coffee, soda and sugary snacks! Here's a skinny solutions to head off the slumps when you need a quick pick-me-up! n exclusive anti-oxidant-rich blend of teas—white tea, green tea and red tea. Tastes great hot or cold! Widely studied taurine included for enhanced energy, alertness and endurance. A quick boost of energy so we call it Liquid Oomph!

Cinch Energy Tea Mix
#20345 - Regular flavor
#20337 - Pomegranate flavor
\$25.45 MN Price



Stressed? Mad? Frustrated?

Chill out! Nearly half of all Americans 18 to 49 experience everyday stress. And the impact is huge.

The Centers for Disease Control estimates that 75 - 90% of all doctor visits are stress-related. Stress is deadly! It depletes your body of special nutrients needed for other important bodily functions, so make sure you get **Shaklee's Stress Relief Complex**. It helps relax body and mind - without using kava - while promoting alertness.

**It really works
and it
works fast!**

**Feel calmer!
More alert!
With increased
concentration -
in a matter of
30 minutes
or less!**



Stress Relief Complex
20656 - \$27.50 MN Price

Healthy Eating PLUS Supplements Makes a Difference



Blood Sugar Too High?

Drink a Healthy Cinch Shake or Munch a Cinch Meal-in-a-Bar Instead!



Get weight and diet under control with **Shaklee Cinch Plan!** With Cinch, you get two meals a day in a delicious shake or a meal-in-a-bar, a yummy snack bar to treat yourself, a three-in-one supplement with ingredients to kick up your metabolism*, stabilize blood sugar and control cravings, plus an extraordinary tea for natural energy.

If you're not on Cinch Plan, consider this: exercise consistently—and then supplement with **Glucose Regulation Complex** to stabilize blood sugar.

If you're pre-diabetic or insulin resistant - this is definitely for you! Stabilizes those high's and low's, minimizes carbohydrate cravings and provides more energy. If you're overweight, especially around the middle, this might be for you!



Glucose Regulation Complex
20649 - \$28.50 MN Price

Over 40? Urinary Flow Problems?



No need to carry the toilet with you!

Saw Palmetto does the job. There's no unpleasant side effects either. Two capsules a day keep the problems at bay! Saw Palmetto Complex helps maintain proper urinary flow in men. Its blend of natural ingredients includes the finest standardized saw palmetto berry extract, pumpkin seed oil, and enriched sources of beta sitosterols and other valuable phytosterols, which have been found to support prostate health.*

Saw Palmetto Complex
#20607 - \$37.25

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease

Cholesterol Creeping Up?

Lower Cholesterol Naturally

Cholesterol Reduction Complex is a proprietary formula with clinically proven ingredients that help prevent absorption of cholesterol and lower LDL ("bad") cholesterol. It is made with a powerful blend of sterols and stanols, which are found naturally in plants, fruits, vegetables, and grains.



Cholesterol Reduction Complex
21219 - \$43.95 MN Price

"I was thrilled to send an email back to my MD after he suggested over a year ago that I take a statin drug for my cholesterol. I asked him to give me a year to do it on my own, and indeed I did! **I lowered my cholesterol from 266 to 176!** He was so pleased with my results he sent me a note on 1/14/11":

"I could not believe it when I saw it. I will have to say that you are one of maybe 5 of 2200 patients that I care for that has been able to do something like you have."

Troy Long, MD

"I did this with some exercise, a diet adjustment with additional raw foods, and adding **Cholesterol Reduction Complex**. My triglycerides also went down as well as my LDL. Yea Shaklee! "

Tommy Hearell

Shaklee
Energy
Energy Chews

No Matter What Your Sport, You Want Pure, Drug-Free Products Shaklee Delivers



Award-winning Body Builder Tad Martin

Shaklee 'kid' and award-winning body builder, Tadd Martin (FastTRACK Director, IN) shares why he chose to build a Shaklee business and his approach for sharing Shaklee with others.

"My Shaklee story goes all the way back to middle school. My mornings started off with Vita-Lea®, Alfalfa Complex, B-Complex, and with fiber...yum! Fortunately, even though I couldn't have cared less, my parents understood the importance of nutrition. It wasn't until high school that I began to realize what a difference proper nutritional supplementation made.

Even though I was just about the only guy in my advanced P.E. class not in sports I was making the most ground in the weight room. Since then **I have relied on my Shaklee products to give me the edge I need in creating a drug-free bodybuilding career. I have won contest after contest with the help of Shaklee sports products and vitamins.** I even placed 3rd out of 45,000 entrants in the 2000 Muscle Tech Body Transformation Contest.

Shaklee has not only made it possible...but realistic to make a great income for the rest of my life! I'm making money simply by sharing this incredible opportunity with the people I meet in my day-to-day life...how easy is that?"

We're looking for Personal Trainers, Coaches, Sports Fans,
Elite Athletes and Weekend Warriors to promote Shaklee Sports Nutrition
To hear more - or to get started - please contact us

Testimonials from Real People

See ALL Shaklee Products
at myshaklee.com ~ login
with Member ID & password

RELIEF FROM FIBROMYALGIA PAIN: I have had Lyme disease and Fibromyalgia, but thanks to Shaklee I have been able to lead a full and pretty normal life. I have my limitations and when I go past them I pay. I recently started the Pain Relief Complex™ and am thrilled with the results. I slept through the night for the first time in probably 25+ years, and I can go on long trips and hop out of the car pain free. Also, I had an emergency root canal. Having a problem with inflammation anyway, it was horrible. Nothing was helping and the dentist was preparing me for the worst, losing the tooth. Within less than an hour after taking two of the Pain Relief Complex™ I realized that the pain was gone. My dentist ordered six to start some of his patients on. **Karen Burroughs. (I have another amazing Fibromyalgia & Lupus success if interested, Judy)**

CHIROPRACTOR WITH SEVERE TENDONITIS REPORTS: I developed severe tendonitis in my right shoulder and was not responding to anything because I was constantly working. I was getting very concerned because I was in so much pain it was making it very difficult to offer proper care to my patients. I prayed for help. I was selected to test trial Shaklee's NEW Pain Management products and immediately saw about a 30% improvement. I did an experiment and purposely stopped the products to see if the pain would come back. It didn't. So I continued again, and after 30 days, I can honestly tell you that I had full function back and the **PAIN WAS GONE!!** These products are so needed in our profession. Everyone has had some pain in their life. I have seen so much pain in the 22 years I have been practicing. So go out and try to spread the news to everyone, especially doctors who are out there who can help numerous amounts of people. I am thanking Shaklee for these wonderful products, and more importantly, I am thanking God for Shaklee Corporation.

Dr. Joy Buscemi, M.S. Nutrition, Chiropractor

